



Reminder: All students **MUST** reserve classes using the Zen Planner app or the student portal by logging into our website **AND** check-in at the kiosk before class starts.

Students can take a 3rd class on Saturdays (Conditioning).

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8am - 9am						Conditioning Class
5pm - 5:40pm	Kids Class 4-6yrs old		Kids Class 4-6yrs old		Kids Class 4-6yrs old	
5:45pm - 6:45pm	Intermediate Level Yellow tip & Up 8-11yrs old	Beginner Level White - Blue Belt 7yrs old & Up	Intermediate Level Yellow tip & Up 8-11yrs old		Beginner Level White - Blue Belt 7yrs old & Up	
7pm - 8pm	Beginner Level White - Blue Belt 12yrs old & Up	Intermediate Level Yellow tip & Up 12yrs old & Up	Advance Level Green Belt & Up		Intermediate Level Yellow tip & Up 12yrs old & Up	

Special classes on Wednesdays and Saturdays are marked in the school calendar.

